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Evaluation of Disability Improvement in Patients with Relapsing-Remitting Multiple Sclerosis Receiving Cladribine Tablets as Measured by the Expanded Disability Status Scale Score

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The CLARITY study: NCT00213135; the CLARITY Extension study



INTRODUCTION

- The incidence of EDSS improvement in MS has previously been studied using KM curves, the same methodology used to assess the incidence of progression.^{1,2}
 - However, in a chronic progressive disease improvement can revert. The cumulative incidence curves just indicate whether there was an improvement event, but they do not show the duration of improvement
 - A key question is to evaluate whether and for how long cladribine tablets can improve EDSS scores, by estimating the **prevalence** of disability improvement over time, considering both occurrence and duration of improvement.



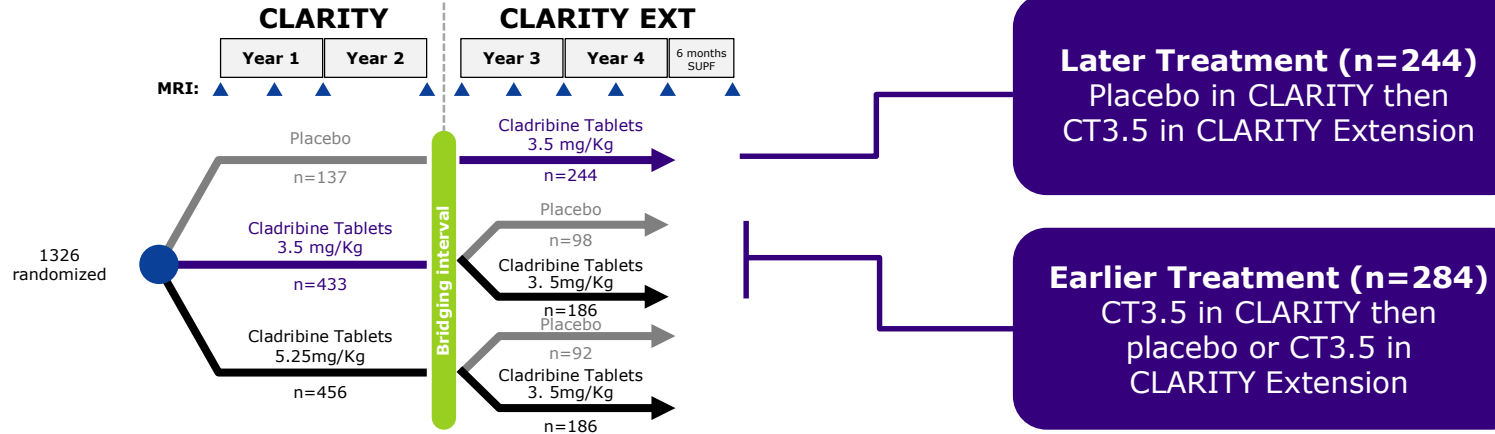
OBJECTIVES

To evaluate *post hoc* long-term prevalence of disability improvement assessed by EDSS score in RRMS patients treated with cladribine tablets enrolled into CLARITY Extension.



METHODS

Patient Population



- After completing CLARITY there was a variable bridging interval before patients entered CLARITY Extension (0.1 – 118.0 weeks)
 - Median bridging interval duration for the overall population was 40.3 weeks



METHODS

Disability Improvement

Disability improvement

Improvement: A decrease in EDSS from baseline, confirmed at 6 months, of:

- ≥ 1 point for baseline EDSS < 5.5 , or
- ≥ 0.5 points for baseline EDSS ≥ 5.5

Improvement lost: When EDSS returned to \geq baseline (regression of improvement confirmed at 6 months)

Improvement start and stop

Start: The visit at which improvement was registered

Stop: The time when the definition of improvement was lost, when EDSS returned to the baseline value (or to a value non qualifying for the improvement definition)

- The regression of improvement has to be confirmed at 6 months to be defined as an improvement stop

Statistical Analysis

- Prevalence was estimated as the difference between the KM estimators for the probability of having an improvement before time t and the probability of returning to baseline before time t .
 - P values were estimated using a bootstrap technique on the area under the modified KM curve.



RESULTS

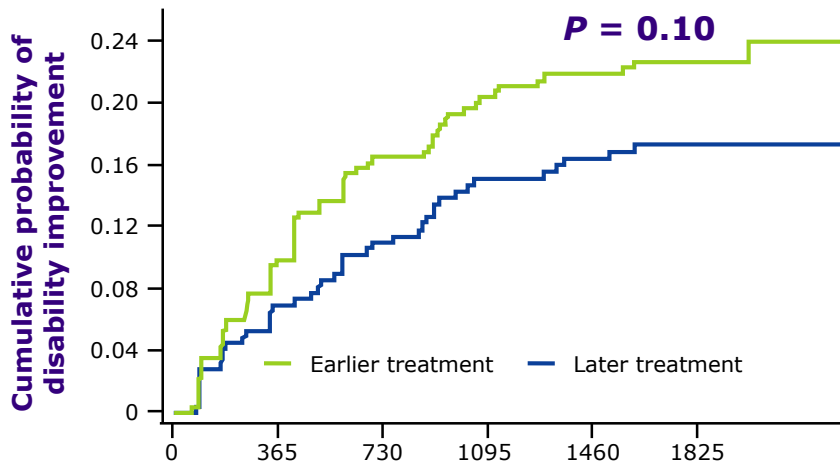
Patient Characteristics

| | Earlier Treatment (n=284) | Later Treatment (n=244) |
|---|--------------------------------------|------------------------------------|
| Median age, years | 38.0 | 38.0 |
| Female, n (%) | 191 (67.3) | 156 (63.9) |
| Median baseline EDSS | 2.5 | 2.5 |
| Median disease duration, years | 2.56 | 3.36 |
| Received prior DMD treatment, n (%) | 61 (21.5) | 71 (29.1) |
| Mean number of baseline T1 Gd+ lesions | 1.07 | 0.85 |
| Mean number of relapses in previous year | 1.35 | 1.31 |



RESULTS

Cumulative Incidence of Disability Improvement



Patients at risk

| | 0 | 365 | 730 | 1095 | 1460 | 1825 |
|-------------------|-----|-----|-----|------|------|------|
| Earlier treatment | 284 | 256 | 237 | 221 | 205 | 110 |
| Later treatment | 244 | 227 | 217 | 208 | 187 | 110 |

In the **Earlier Treatment** group the cumulative probability of disability improvement was 16.6% (95% CI: 12.7–21.4) at Year 2 and 22.7% (95% CI: 18.2– 28.1) at Year 5

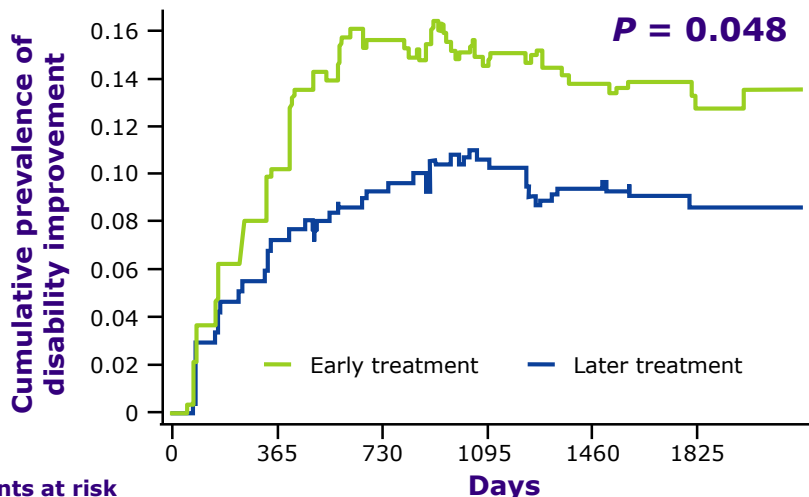
For the **Later Treatment** group the cumulative probability of disability improvement was 11.1% (95% CI: 7.7–15.7) at Year 2 and 17.4% (95% CI: 13.2–22.8) at Year 5 ($P = 0.10$)

Purple arrow represents the time point where the Later Treatment group were switched from placebo to cladribine tablets
CI, confidence interval;



RESULTS

Cumulative Prevalence of Disability Improvement



Patients at risk

| | | | | | | |
|-----------------|-----|-----|-----|-----|-----|-----|
| Early treatment | 284 | 256 | 237 | 221 | 205 | 110 |
| Later treatment | 244 | 227 | 217 | 208 | 187 | 110 |

The prevalence of disability improvement (KM estimate) for the Earlier vs Later Treatment groups at 2-years post-CLARITY baseline was 15.6% (95% CI:11.9–19.3) vs 9.3% (95% CI:6.1–12.4), respectively

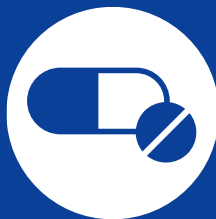
At 5-years: 12.7% (95% CI: 8.8–16.6) vs 8.6% (95% CI: 4.8–12.4), respectively (Earlier vs Later Treatment group: $P = 0.048$ for 5-years difference)



CONCLUSIONS



At 2 years after starting cladribine tablets treatment, 15% of patients had experienced a sustained EDSS improvement which was maintained for up to 5 years after starting treatment.



A delay of 2 or more years in taking cladribine tablets reduced the prevalence of patients who improved and maintained improvement over time.