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# Effect of evobrutinib, a Bruton's tyrosine kinase inhibitor, on immune cell and immunoglobulin levels over 48 weeks in a Phase 2 study in relapsing multiple sclerosis

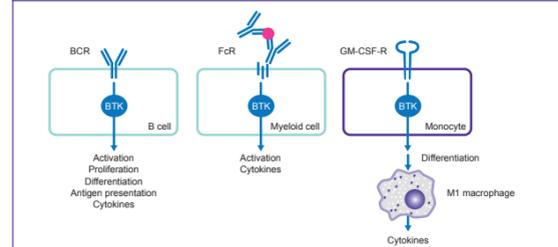
X Montalban,<sup>1,2</sup> J Shaw,<sup>3</sup> S Syed,<sup>3</sup> F Dangond,<sup>3</sup> EC Martin,<sup>3</sup> R Grenningloh,<sup>3</sup> MS Weber,<sup>4</sup> on behalf of the Evobrutinib Phase 2 Study Group

<sup>1</sup>Vall d'Hebron University Hospital, Barcelona, Spain; <sup>2</sup>St Michael's Hospital, University of Toronto, Toronto, ON, Canada; <sup>3</sup>EMD Serono Research & Development Institute, Inc., Billerica, MA, USA; <sup>4</sup>Institute of Neuropathology and Department of Neurology, University Medical Center, Göttingen, Germany

## INTRODUCTION

- Bruton's tyrosine kinase (BTK) is expressed in B cells, macrophages, and myeloid cells, but not in T cells.<sup>1</sup>
- BTK deficiency in humans leads to X-linked agammaglobulinemia, which is characterized by nearly complete loss of serum immunoglobulins and circulating B cells,<sup>2</sup> while targeted deletion of *Btk* in knockout mice results in defects in B-cell development and proliferation.<sup>3</sup>
- BTK is involved in both the adaptive and innate immune responses and mediates signaling through the B-cell receptor (BCR), Fcγ receptor (FcγR), and granulocyte-macrophage colony-stimulating factor (GM-CSF) receptor (Figure 1).<sup>2</sup>

Figure 1. Involvement of BTK in immune cell function



BCR, B-cell receptor; BTK, Bruton's tyrosine kinase; FcγR, Fcγ receptor; GM-CSF-R, granulocyte-macrophage colony-stimulating factor receptor.

- BTK plays an important role in proinflammatory pathways potentially involved with multiple sclerosis (MS).<sup>4</sup>
- Evobrutinib, a highly selective BTK inhibitor, has a dual mechanism of action, impacting both the adaptive and innate immune response through inhibition of BCR, FcγR, and GM-CSF receptor signaling.<sup>5,6</sup>
- Evobrutinib inhibits primary B-cell responses, such as proliferation and antibody and cytokine release, without directly affecting T cells. Indirect effects on pathologic T cells may be mediated by BTK inhibition through the blocking of the B-cell antigen presentation function.<sup>7</sup>
- Evobrutinib is the first BTK inhibitor to demonstrate clinical efficacy in MS in a Phase 2 study.<sup>8</sup>

## OBJECTIVE

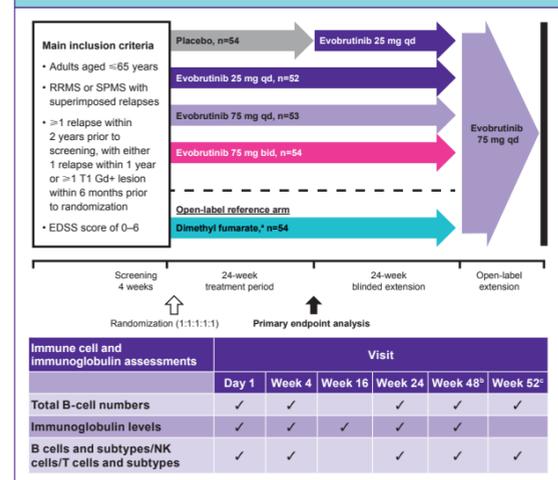
- To report the effect of evobrutinib on B cells, immunoglobulins, and other immune cells in patients with MS over 48 weeks.

## METHODS

- Patients (18–65 years) with active relapsing–remitting MS or secondary progressive MS with superimposed relapses were randomized to receive double-blind evobrutinib 25 mg once daily (qd), 75 mg qd, 75 mg twice daily (bid), placebo, or open-label dimethyl fumarate (DMF) 240 mg (reference arm) (Figure 2).

- After 24 weeks, placebo-treated patients were switched to evobrutinib 25 mg qd; other treatment arms continued under original allocation.
- Safety of evobrutinib, including assessment of B-cell numbers and immunoglobulin levels, was a key secondary endpoint; investigations of the effects of evobrutinib on B-cell subsets, T-cell subsets, and natural killer (NK) cells in peripheral blood over 48 weeks were exploratory (Table 1).
- Assessments made at early treatment discontinuation were assigned to planned visits via windowing, prior to descriptive statistics and modeling.

Figure 2. Study design



\*120 mg bid for the first 7 days followed by 240 mg bid for the remainder of treatment.  
 †Assessment either at Week 48 or premature end of treatment.  
 ‡Assessment either at Week 52 or premature end of trial.  
 §bid, twice daily; EDSS, Expanded Disability Status Scale; Gd+, gadolinium-enhancing; NK, natural killer; qd, once daily; RRMS, relapsing–remitting MS; SPMS, secondary progressive MS.

Table 1. Immune cell markers

Assay	Cell subset	Markers	
		Placebo	Evobrutinib
T-cell, B-cell, and NK-cell panel	T cells	CD3+	CD3+
	Helper T cells	CD3+CD4+	CD3+CD4+
	Cytotoxic T cells	CD3+CD8+	CD3+CD8+
	B cells	CD3+CD19+	CD3+CD19+
NK cells	NK cells	CD3+CD56+CD16+	CD3+CD56+CD16+
	B cells	CD45+CD3+CD19+	CD45+CD3+CD19+
	Mature-naïve B cells	CD19+CD20+IgD+CD27-	CD19+CD20+IgD+CD27-
B-cell and plasma subsets	Memory B cells	CD19+CD20+IgD+CD27+CD38-	CD19+CD20+IgD+CD27+CD38-
	Memory B cells	CD19+CD20+IgD+CD27+CD38-	CD19+CD20+IgD+CD27+CD38-

## RESULTS

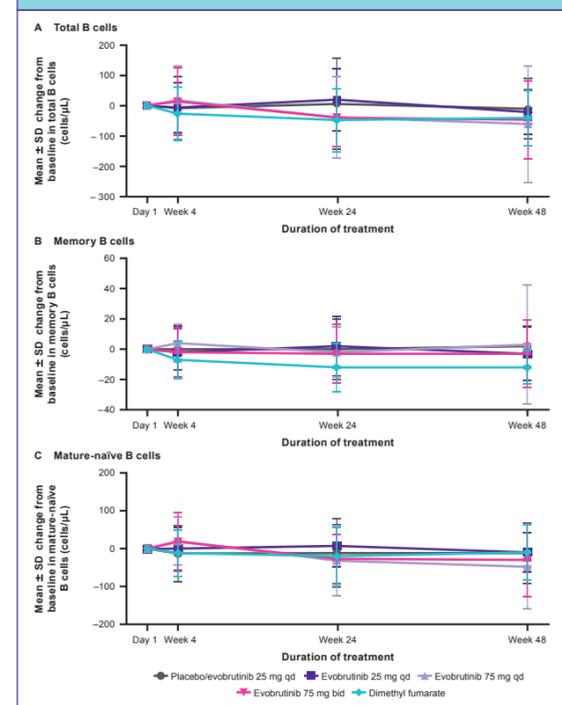
### Patients

- Of 267 patients randomized, 227 patients completed 48 weeks of treatment.

### B cells

- No clinically relevant changes were observed in the number of total B cells (Figure 3A), or in the number of memory B-cell (Figure 3B) or mature-naïve B-cell (Figure 3C) subsets over 48 weeks.
  - For total B cells, the mean changes from baseline (CFB) at Week 48 for evobrutinib 75 mg qd (–61 cells/μL) and 75 mg bid (–47 cells/μL) were both numerically greater than the mean CFB for placebo/evobrutinib 25 mg qd (–11 cells/μL) (Table 2).
  - There was no clear pattern in the mean CFB for memory B cells at Week 48 (Table 2).
  - Mature-naïve B cells showed a similar pattern to total B cells, with numerically greater decreases (mean CFB at Week 48) for evobrutinib 75 mg qd (–48 cells/μL) and 75 mg bid (–30 cells/μL) compared with placebo/evobrutinib 25 mg (–12 cells/μL) (Table 2).
  - Similar patterns were observed with the mixed-effects model for repeated measures analysis (Table 4).

Figure 3. Changes in total B cells, memory B cells, and mature-naïve B cells over 48 weeks



bid, twice daily; qd, once daily; SD, standard deviation.

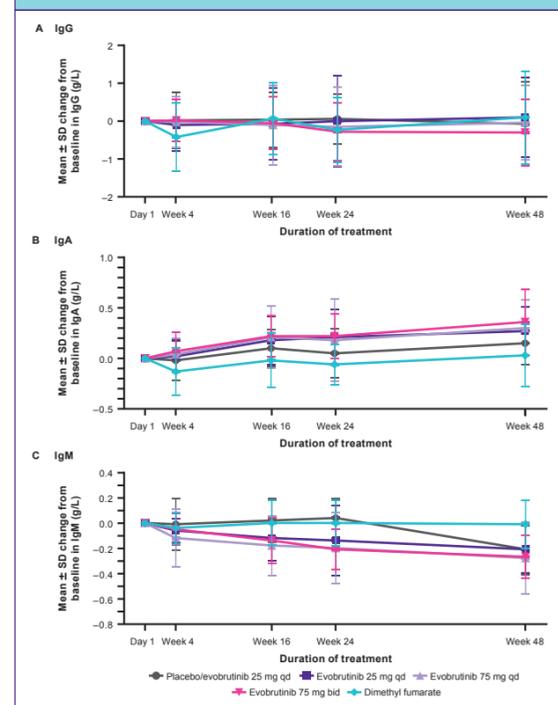
### Other immune cells

- The numbers of total T, helper T, cytotoxic T, and NK cells showed no statistically significant changes over 48 weeks (data not shown).

### Immunoglobulins

- No clinically relevant changes in immunoglobulin G (IgG) levels were observed over 48 weeks (Figure 4A; Table 3).
  - The evobrutinib 75 mg bid arm showed larger numerical decreases in IgG levels at Week 48 than did the other arms.
- No significant changes in the levels of IgG subtypes were observed over 48 weeks (Table 3).
- At Week 48, there were slight increases from baseline in IgA (Figure 4B; Table 3) and decreases in IgM (Figure 4C; Table 3) levels in all evobrutinib groups that were numerically greater than those in the placebo/evobrutinib 25 mg qd or DMF arms.

Figure 4. Changes in levels of IgG, IgA, and IgM over 48 weeks



bid, twice daily; Ig, immunoglobulin; qd, once daily; SD, standard deviation.

Table 2. B cells: change from baseline at Week 48

Cell type	Cells/μL, mean ± SD	Placebo/evobrutinib 25 mg qd (n=54)	Evobrutinib			DMF (n=54)
			25 mg qd (n=52)	75 mg qd (n=53)	75 mg bid (n=54)	
Total B cells	Baseline	209 ± 134.4	178 ± 82.9	215 ± 157.9	206 ± 123.1	191 ± 82.8
	CFB at W48	–11 ± 101.7	–22 ± 76.7	–61 ± 193.6	–47 ± 130.6	–41 ± 92.2
Memory B cells	Baseline	24 ± 19.2	22 ± 17.8	24 ± 22.2	24 ± 23.4	23 ± 17.2
	CFB at W48	2 ± 14.0	–3 ± 18.0	3 ± 39.8	–3 ± 22.7	–12 ± 11.4
Mature-naïve B cells	Baseline	138 ± 108.7	111 ± 66.3	141 ± 114.2	127 ± 89.0	121 ± 60.0
	CFB at W48	–12 ± 80.8	–10 ± 54.6	–48 ± 113.6	–30 ± 97.5	–10 ± 74.3

bid, twice daily; CFB, change from baseline; DMF, dimethyl fumarate; qd, once daily; W, Week.

Table 3. Immunoglobulins: change from baseline at Week 48

Ig type	g/L, mean ± SD	Placebo/evobrutinib 25 mg qd (n=54)	Evobrutinib			DMF (n=54)
			25 mg qd (n=52)	75 mg qd (n=53)	75 mg bid (n=54)	
IgG	Baseline	9.61 ± 1.897	9.46 ± 2.138	9.81 ± 1.841	9.62 ± 1.960	9.47 ± 1.839
	CFB at W48	–0.07 ± 1.132	0.10 ± 1.066	–0.04 ± 1.007	–0.30 ± 0.905	0.10 ± 1.244
IgG <sub>1</sub>	Baseline	5.22 ± 1.241	5.15 ± 1.401	5.21 ± 1.190	5.12 ± 1.327	5.03 ± 1.155
	CFB at W48	–0.18 ± 0.661	0.01 ± 0.750	–0.13 ± 0.941	–0.31 ± 0.568	0.08 ± 0.882
IgG <sub>2</sub>	Baseline	3.72 ± 1.161	3.48 ± 1.323	3.77 ± 1.212	3.73 ± 0.991	3.62 ± 1.133
	CFB at W48	0.17 ± 0.615	0.23 ± 0.506	0.23 ± 0.538	0.17 ± 0.497	0.14 ± 0.490
IgG <sub>3</sub>	Baseline	0.59 ± 0.253	0.48 ± 0.228	0.58 ± 0.228	0.59 ± 0.305	0.58 ± 0.256
	CFB at W48	0.04 ± 0.173	0.03 ± 0.103	0.02 ± 0.131	0.01 ± 0.108	0.05 ± 0.156
IgA	Baseline	0.42 ± 0.304	0.38 ± 0.288	0.37 ± 0.268	0.48 ± 0.313	0.41 ± 0.250
	CFB at W48	0.02 ± 0.149	0.06 ± 0.148	0.07 ± 0.113	0.05 ± 0.120	0.04 ± 0.117
IgM	Baseline	1.99 ± 0.777	1.89 ± 0.771	1.90 ± 0.722	1.87 ± 0.675	2.03 ± 0.763
	CFB at W48	0.15 ± 0.218	0.27 ± 0.244	0.30 ± 0.283	0.36 ± 0.329	0.03 ± 0.316
IgM (g/L)	Baseline	1.42 ± 0.692	1.27 ± 0.547	1.44 ± 0.716	1.33 ± 0.684	1.27 ± 0.589
	CFB at W48	–0.21 ± 0.209	–0.21 ± 0.196	–0.28 ± 0.295	–0.27 ± 0.178	–0.01 ± 0.198

bid, twice daily; CFB, change from baseline; DMF, dimethyl fumarate; Ig, immunoglobulin; qd, once daily; W, Week.

Table 4. B cells and immunoglobulins: change from baseline at Week 48 (MMRM analysis)

LSM of Week 48 CFB (95% CI)*	Placebo/evobrutinib 25 mg qd (n=54)	Evobrutinib		
		25 mg qd (n=52)	75 mg qd (n=53)	75 mg bid (n=54)
Total B cells (cells/μL)	0.66 (–19.83, 21.16)	–17.93 (–38.96, 3.11)	–19.07 (–39.57, 1.42)	–25.00 (–45.33, –4.66)
Memory B cells (cells/μL)	0.90 (–3.34, 5.15)	–1.11 (–5.44, 3.21)	1.06 (–3.21, 5.33)	–2.43 (–6.68, 1.81)
Mature-naïve B cells (cells/μL)	–6.47 (–19.75, 6.81)	–11.16 (–24.78, 2.47)	–13.00 (–26.28, 0.29)	–14.89 (–28.03, –1.75)
IgA (g/L)	0.06 (0.01, 0.11)	0.17 (0.11, 0.22)	0.17 (0.12, 0.23)	0.22 (0.17, 0.28)
IgG (g/L)	–0.00 (–0.19, 0.18)	–0.01 (–0.20, 0.17)	–0.10 (–0.29, 0.08)	–0.15 (–0.33, 0.03)
IgM (g/L)	–0.03 (–0.08, 0.01)	–0.14 (–0.18, –0.09)	–0.19 (–0.23, –0.14)	–0.16 (–0.20, –0.12)

\*Values in bold denote statistical significance.  
 †MMRM analysis for CFB in score includes fixed effects for treatment, visit (Weeks 4, 24, and 48 for B cells and Weeks 4, 16, 24, and 48 for immunoglobulins), and treatment-by-visit interaction, a covariate for parameter value at baseline and unstructured covariance matrix for repeated measures; bid, twice daily; CFB, change from baseline; CI, confidence interval; Ig, immunoglobulin; LSM, least squares mean; MMRM, mixed-effect model for repeated measures; qd, once daily.

## CONCLUSIONS

- Patients with MS who were treated with the BTK inhibitor evobrutinib showed no evidence of clinically relevant changes in memory or mature-naïve B-cell subsets over 48 weeks.
- IgG levels remained relatively stable over 48 weeks, although slight elevations in IgA levels and reductions in IgM levels were observed with evobrutinib over 48 weeks.
- These results demonstrate that, in contrast to genetic deficiency of BTK, continued pharmacologic BTK inhibition does not lead to B-cell depletion or significant reductions in circulating immunoglobulins over 48 weeks of treatment.
- Overall, these findings may have favorable implications for the relative safety of evobrutinib in MS compared with other B-cell-targeting therapies; however, this will be further investigated in larger numbers of patients with longer follow-up in the Phase 3 trial program.

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## DISCLOSURES

XM has received speaking honoraria and travel expenses for participation in scientific meetings, and has been a steering committee member of clinical trials or participated in advisory boards of clinical trials in the past 3 years, for Actelion, Biogen, Celgene, Excedem, Merck Serono, MSIF, NMSS, Novartis, Roche, Sanofi-Aventis, Sanofi-Genzyme, and Teva Pharmaceuticals. JS, SS, FD, ECM, and RG are employed by EMD Serono Research & Development Institute, Inc., Billerica, MA, USA. MSW receives research support from Biogen-Idec, the Deutsche Forschungsgemeinschaft (DFG, WE 3547/5-1), F. Hoffmann–La Roche, Merck, Novartis, the ProFutura Programm of the Universitätsmedizin Göttingen, and Teva. He is an editor for *PLoS One*, and has received travel funding and/or speaker honoraria from Bayer, Biogen-Idec, Genzyme, Merck Serono, Novartis, Roche, and Teva.

\*A business of Merck KGaA, Darmstadt, Germany.  
 Evobrutinib is currently under clinical investigation and has not been approved by any regulatory authority.

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