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# Post-Approval Safety of Subcutaneous Interferon β-1a in the Treatment of Multiple Sclerosis, With Particular Reference to Respiratory Viral Infections

M.S. Freedman, H. Guehring, Z. Murgasova, D. Jack

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HG, ZM, and DJ are employees of Merck KGaA, Darmstadt, Germany.

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# CONCLUSIONS



Cumulatively to May 2020, no new safety concern has been identified from the postapproval data of sc IFN  $\beta$ -1a.



To date (19 January 2021) there has been no suggestion of an increased risk of respiratory viral infection in patients treated with sc IFN  $\beta$ -1a for relapsing MS, and approximately 54% of COVID-**19** confirmed adverse events were resolved or resolving.



### **INTRODUCTION**

- sc IFN β-1a is a well-established disease-modifying therapy for relapsing MS.
- Since its introduction to the market, the estimated cumulative exposure to sc IFN  $\beta$ -1a amounts to 1,766,525 patient-years (as of May 2020).
- In recent months the COVID-19 pandemic has become a concern for MS patients and their healthcare providers in terms of its effect on the associated safety of their disease-modifying therapy.
- Preliminary evidence suggests IFN-treated patients report fewer infections and better recovery per infection.<sup>[1,2]</sup>

IFN, interferon; MS, multiple sclerosis; sc, subcutaneous



### **OBJECTIVES**

To report on the postapproval safety profile of sc IFN  $\beta$ -1a in patients with relapsing MS, including COVID-19 and other respiratory viral infections.

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1. Sormani MP, et al. SSRN Electronic J. 2020; doi:10.2139/ssrn.3631244. 2. MS International Federation, updated 4 February 2021 (available at: https://www.msif.org/news/2020/02/10/the-coronavirus-and-ms-what-you-need-to-know/) [Accessed 22/4/21]. 3. Louapre C, et al. JAMA Neurol. 2020;77:1079–1088.

## **METHODS**



#### **Post-approval Data**

- Serious and non-serious AEs from post-approval spontaneous individual case safety reports are presented cumulative to May 2020.
- AEs of special interest
- Rates are shown as estimated cumulative reporting rate per 10,000 patient-years.
- Respiratory viral infections
- AE rates are shown as cumulative number of patients



#### **COVID-19 Data**

COVID-19 cases in sc IFN  $\beta$ -1a-treated patients with MS were sourced from the Merck KGaA Global Safety Database.

- COVID-19 findings are summarized, as of 19 January 2021.
- AE, adverse events; IFN, interferon; MS, multiple sclerosis; sc, subcutaneous; sc, subcutaneous

### **RESULTS**

Table 1. AEs of Special Interest (Cumulative to 03 May 2020)

AE of special interest*	Estimated cumulative** reporting rate per 10,000 patient-years	Most frequently reported preferred terms
Autoimmune disorders	80	<ul><li>Multiple sclerosis</li><li>Optic neuritis</li></ul>
Acute coronary syndrome	7.05	<ul> <li>Myocardial infarction</li> <li>Acute myocardial infarction</li> </ul>
Pulmonary arterial hypertension	0.8	<ul> <li>Pulmonary hypertension</li> <li>Pulmonary arterial hypertension</li> </ul>
Panniculitis	0.45	<ul><li>Panniculitis</li><li>Erythema nodosum</li><li>Erythema induratum</li></ul>
Chronic lymphocytic leukemia	0.17	Chronic lymphocytic leukaemia

\*Identified close monitoring events for sc IFN  $\beta$ -1a as part of the Merck KGaA/EMD Serono risk management plan. \*\*Cumulative sc IFN  $\beta$ -1a exposure from February 1998 to May 2020 is approximately 1.766,525 patient-year

- A total of 525,268 AEs have been reported, with 6.6% of events classified as serious.
- No new safety concern has been identified.

#### Figure 1. COVID-19 Cases in sc IFN $\beta$ -1a-treated Patients With MS (as of 19 January 2021)

Preferred term	Cumulative Serious AE (number of patients)	Cumulative Non-serious AE (number of patients)	Cumulative Total (number of patients)
Influenza	47	2322	2369
Viral infection	49	270	319
H1N1 influenza	4	11	15
Viral bronchitis		6	6
Viral upper respiratory tract infection	1	4	5
Viral pharyngitis		4	4
Pneumonia viral	3	1	4
Pneumonia respiratory syncytial viral	2		2
Viral sinusitis		2	2
Viral rhinitis		1	1
Laryngitis viral		1	1

Table 2. Respiratory Viral Infections (Cumulative to 03 May 2020)

Cumulative sc IFN β-1a exposure from February 1998 to May 2020 is approximately 1,766,525 patient-years.

• Safety analysis of the top five most common respiratory viral infection AEs reported spontaneously did not reveal any difference from the known safety profile of sc IFN  $\beta$ -1a, and cases were typically non-serious.



In some instances, the number of AEs does not correspond to the number of cases because multiple events were reported. Nine fatal cases were reported among patients with confirmed COVID-19: 5 fatal COVID-19 events in 5 cases (COVID-19 infection as the cause of death in 3 cases; COVID-19 pneumonia as the cause of death in 4th case; and COVID-19, sepsis, and bilateral pneumonia as the causes of death in the 5th case) and 4 unknown causes of death in 4 cases. Among those with suspected COVID-19, there was 1 fatal case comprising 1 non-fatal suspected COVID-19 event. <sup>a</sup>Unknown gender for 4 patients; <sup>b</sup>Unknown age for 27 patients; <sup>c</sup>Unknown age for 15 patients.

#### **COVID-19 in IFN-treated Patients With MS**

- In the Italian MS population, the use of IFN appeared to decrease the risk of COVID-19.
  - PwMS with suspected or confirmed COVID-19 were treated with IFN at a significantly lower frequency (OR=0.47, 95% CI [0.33-0.67], p<0.001) than the Italian MS population.<sup>[1]</sup>
- In the French MS registry, in a univariate analysis IFN-treated patients were associated with a lower risk of a severe outcome due to COVID-19 (OR=0.07, 95% CI [0.02-0.25]).[3

AE, adverse event; CI, confidence interval; IFN, interferon; MS, multiple sclerosis; OR, odds ratio; PwMS, patients with MS; sc, subcutaneous



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